

8/F, So Hong Commercial Building, 41-47 Jervois Street, Hong Kong Tel: (852)2810-4988 Fax: (852)2869-1332 E-Mail: contactus@elite-rcs.com

# **CST FOUNDATION & CS1**

Original Price 課程費用: \$9,900

## Early Bird Discount 早鳥優惠:

**\$8,700** registration on or before <u>5 Jul 2023</u> 2023 年 7 月 5 日或之前報讀

\$9,300 registration on or before <u>15 Aug 2023</u> 2023 年 8 月 15 日或之前報讀

## **Foundation Course on CranioSacral Therapy**

## 初階顱骶療法課程

### Course Highlights 課程重點

This hands-on workshop will guide participants on a journey to, through and around one of the body's most fascinating healing channels the craniosacral system. This is a prerequisite class for attendance at CranioSacral Therapy I.

這個課程讓學員初步認識顱骶療法,並理解其治療 理念和原則。本課程乃顱骶療法 [的必修班。

Explore the craniosacral system and its relationship to illness, pain and dysfunction.

### 介紹顱骶系統及顱骶療法的基本概念

Discover how to recognize the rhythm of the craniosacral system and develop light touch palpation skills.

### 學習感覺顱骶脈及開發輕觸診療的技巧

Learn and practice palpating the "listening stations" key body locations where the craniosacral motion can best be evaluated

### 掌握基本檢測顱骶系統的技巧

Learn and practice tissue release techniques for the thoracic inlet, pelvic and respiratory diaphragms.

於身體不同位置運用橫膜釋放手法

Prerequisite None. Having a CranioSacral Therapy session prior to class can be helpful.

沒有。若曾接受顱骶治療有助了解課程 入讀資格: 內容。

# CranioSacral Therapy 1 顱骶療法 I

## Course Highlights 課程重點

 Explore the anatomy and physiology of the craniosacral system and its relationship to illness, pain and dysfunction.

教授顱骶系統有關的解剖學和生理學知識及其與 病症、痛症和功能失調的關係

 Discover hands-on, fascial-release techniques to evaluate and alleviate a range of pain and dysfunction.

利用各種筋膜釋放手法以評估及減輕各種痛症和 功能失調

 Practice a 10-Step Protocol you can use immediately to evaluate and help patients.

### 掌握顱骶療法十步曲

 Watch an educational slide show that examines the inside of the human cranium.

#### 播放教學影片研究頭顱結構

Observe skilled demonstrations and participate in hands-on practice.

### 觀察導師示範與及臨床練習

Prerequisite: Foundation Course on

CranioSacral Therapy

入讀資格: 已修畢初階顱骶療法課程

### **Continuing Professional Development Points:**

HKOTA – 9 pts (pending review) HKPTA – 8 pts (pending review)

### Required Advance Reading 課前參考資料:

- 1. CranioSacral Therapy, chapters 1-6, by John E. Upledger, DO, OMM, and Jon D. Vredevoogd, MFA.
- 2. Your Inner Physician and You by John E. Upledger, DO, OMM.



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	Foundation Course on CranioSacral Therapy (One-day) 初階顱骶療法課程(一天)	Hybrid workshop: CranioSacral Therapy I <u>顱骶療法課程 I</u>				
Date: 日期:	(English/Chinese 英文/中文主講)	2/9/2023 - 5/9/2023 (Sat - Tue) English Speaking with Chinese (Cantonese) Interpretation 英文主講,中文(粵語)傳譯 9:00 a.m 5:30 p.m.  Erin Riley, P.T., CST-D (via zoom) (Teaching assistants at the below location) Upledger 香港學院 香港上環蘇杭街 41-47 號 蘇杭商業大廈 8 樓				
Time: 時間:						
Instructor: 導 師:	Gilbert Tsang CST-D P T					
Venue: 地 點:	8/F, So Hong Commercial Building					
Name 姓名: (English 英文)(Chinese 中文)  Profession 職業:Workplace:  Mailing Add 地址:						
E-mail 電郵:						
<b>Tel. No.電話:</b> (Office 辨工室)(Mobile 手提)			Fax No.傳真:			
Payment 學費						
□ Fu	lll payment 全費		\$9,900		\$	
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			Total \$			
Cheque payable to: "Elite Resource & Consultation Services 劃線支票抬頭: "卓匯顧問評估及資源中心"		"	Bank:			
		Cheque No:				
Confirmation upon cheque payment – Confirmation letters will be sent to successful applicants 成功申請報讀本課程者將會收取到確認信。 Cancellation Policy: For cancellation of registration and early bird status requests must be made in writing.						

For Official Use Date received (appl) (payment)\_ Appl successful: Y / N Reason:\_ Payment \$\_ (Cash / Check# \_) Receipt#\_ Conf ltr sent: Y / N \_(payment)\_ Appl successful: Y / N Reason: Date received (appl)\_ Conf Itr sent: Y / N (Cash / Check# Payment \$\_ \_) Receipt#\_ Cancel (written request) on\_ \_ Refund \$\_ Check# sent on\_

A HK\$400 processing fee will be charged for each course.

如取消報讀及早鳥優惠需致信通知,並將收取港幣\$400手續費。