

Date: October 28 - 31, 2023
日期: (Saturday – Tuesday)
2023年10月28-31日
(星期六至二)

Location: Upledger Institute Hong Kong
地點: 8/F, So Hong Commercial Building,
41-47 Jervois Street, Hong Kong
上環蘇杭街41-47號
蘇杭商業大廈八樓
Upledger 香港學院

Instructor Erin Riley, P.T., CST-D
導師:

Language English Speaking with
授課語言: Chinese (Cantonese) Interpretation
英文主講、中文(廣東話)傳譯

學費: **Original Price 原價:**
HK\$9,600

Early-bird Price 早鳥優惠:

- A. K\$8,400 – Enroll during CS2 2023
於 2023 年 8 月 31 日或之前報讀
- B. HK\$8,400 – registration on or
before 31 August 2023
2023 年 8 月 31 日或之前報讀
- C. HK\$9,000 – registration on or
before 5 October 2023
2023 年 10 月 5 日或之前報讀

SomatoEmotional Release I 身心情感釋放 I

Synopsis: SER is a therapeutic process that uses and expands on the principles of CranioSacral Therapy to help rid the mind and body of the residual effects of trauma. SERI offers applications designed to enhance results using CST and other complementary therapies.

課程概要: 身心情感釋放是根據顱骯療法概念上延伸出來的一種治療過程，用以消除創傷後對身心帶來的後遺影響。身心情感釋放的運用可以提升顱骯療法或其他輔助療法的功效。

Course Highlights 課程重點:

- Assess and mobilize the Avenue of Expression working through more than 10 different body components, including the thoracic inlet, hard palate and hyoglossal tissues.
評估和開動表達渠道，包括：胸廓上口、硬顎及舌骨舌肌組等部分
- Locate and release Energy Cysts.
找出能量囊的位置及進行釋放
- Release suppressed emotions that may be inhibiting complete structural releases.
釋放抑壓的情緒
- Refine listening and comprehension skills.
提升聆聽身體訊息和理解的技巧
- Improve palpation and whole-body evaluation skills.
改進觸診及全身評估法的技巧

Prerequisite: CranioSacral Therapy II

入讀資格: 已修畢顱骯療法 II

Required Advance Reading 課前參考資料:

SomatoEmotional Release by John E. Upledger, DO,
OMM, and *Getting to Yes* by Roger Fisher and William Ury,

Available at Elite Resources and Consultation Services.

於卓匯顧問評估及資源中心有售

Cancellation Policy: For cancellation of **registration** and **early bird status** requests must be made in writing. A HK\$400 processing fee will be charged. 如取消報名及早鳥優惠需致信通知，並將收取港幣\$400手續費。

Continuing Professional Development Points:

Hong Kong Occupational Therapy Assn. – 9 pts (pending review)
Hong Kong Physiotherapy Assn. – 8 pts (pending review)

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Date: October 28 - 31, 2023 (Saturday – Tuesday)
日期: 2023 年 10 月 28-31 日(星期六至二)
Instructor: Erin Riley, P.T., CST-D
導師:
Time: 9:00 a.m. to 6:30 p.m. (registration starts at 8:45 a.m. on the first day)
時間: 上午 9:00 - 下午 6:30 (登記於上午八時四十五分開始)
 * *May be up to 7:00 p.m. 有可能需實習至晚上七時*
Venue: Upledger Institute Hong Kong
地點: 8/F, So Hong Commercial Building, 41-47 Jervois Street, Hong Kong
 上環蘇杭街 41-47 號, 蘇杭商業大廈八樓, Upledger 香港學院
Language: English Speaking with Chinese (Cantonese) Interpretation
授課語言: 英文主講、中文(廣東話)傳譯

Name 姓名: (English 英文) _____ (Chinese 中文) _____

Profession 職業: _____ **Workplace:** _____

Mailing Add 地址: _____

E-mail 電郵: _____

Tel. No. 電話: (Office 辦公室) _____ (Mobile 手提) _____ **Fax No. 傳真:** _____

Payment			
<input type="checkbox"/>	Full course fee 全費	\$9,600	\$
	Early-bird price 早鳥優惠:		
<input type="checkbox"/>	A. Enrolled during CS2 2023 於 2023 年願軀療法 2 課程報讀	\$8,400	\$
<input type="checkbox"/>	B. HK\$8,400 – registration on or before 31 August 2023 2023 年 8 月 31 日或之前報讀	\$8,400	\$
<input type="checkbox"/>	C. HK\$9,000 – registration on or before 5 October 2023 2023 年 10 月 5 日或之前報讀	\$9,000	\$
		Total	\$
Cheque payable to: “Elite Resource & Consultation Services”		Bank:	
		Cheque No:	

Confirmation upon cheque payment – Confirmation letters will be sent to successful applicants

成功申請報讀本課程者將會收取到確認信。

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For Official Use

Date received (appl) _____ (payment) _____ Appl successful: Y / N Reason: _____
 Payment \$ _____ (Cash / Check# _____) Receipt# _____ Conf ltr sent: Y / N
 Date received (appl) _____ (payment) _____ Appl successful: Y / N Reason: _____
 Payment \$ _____ (Cash / Check# _____) Receipt# _____ Conf ltr sent: Y / N
 Cancel (written request) on _____ Refund \$ _____ Check# _____ sent on _____